



National  
Trust

# Blossom activity pack

After a long winter, one of the first signs that spring is here is the delicate colours of blossom on trees. Why not try identifying different blossom types, engaging in blossom bathing and enjoying a moment of calm surrounded by spring flowers?





**National  
Trust**

# Blossom spotter sheet

Blossom comes in many different forms and colours, and can indicate what type of tree you're looking at. You can use this spotter sheet to help learn more about the different types. Spot as many as you can during your everyday routine, or see if you can identify some on a walk at a place we care for.



**Goat willow**



Some types of willow appear in January, but goat willow stands out in March and April. It's often found in damp woodland areas or near streams and ditches.

**Blackthorn**



Blackthorn bursts into flower in March with white blossom appearing before the leaves. It's found in hedgerows and scrub and likes to be in bright sunlight.

**Cherry**



Many garden varieties of cherry blossom are of Japanese origin, known as the sakura or village cherries. You can see wild cherry blossom in woodlands during March, April and sometimes May.

**Apple**



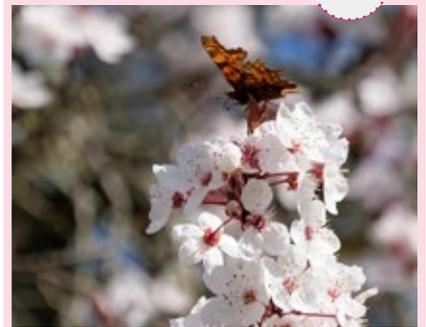
Apple blossom is white with a hint of pink. Appearing from March to April, it grows in hedgerows, gardens, orchards and scrubland in moist, heavy soil.

**Pear**



Pear trees were introduced to Britain in around AD 995. The delicate white flowers emerge from green buds in March or April, and some varieties grow in gardens, orchards and the streets.

**Plum**



Plum trees can be seen in gardens and orchards, as well as near hedges and areas of scrubland, where plum stones may have been dropped. The flowers are white and bloom around March and April.

## Damson



Damson trees are small and hardy with leaves covered by a fine down on both sides. They blossom with small white flowers in early April.

## Hawthorn



The fragrant pinkish-white flowers of hawthorn appear in April and May, so it's also known as May flower. It's often found in hedgerows, woodland edges and scrubland.

## Elder



The clusters of cream elderflowers appear in late May and June, and the trees they bloom on can be found in woodland, scrub and hedgerows.

Share your images of blossom with us using **#BlossomWatch**





National  
Trust

# Noticing nature

If you look carefully, you'll notice that the blossom trees down your street or in gardens and parks change throughout the day. Drawing, taking pictures and creative writing can help you chart these changes.

## Seeing

How does the light *change* the colours of the blossom? You could sketch, paint or take a photo of the blossom to record the different hues that you see.

## Feeling

How does the bark *feel* beneath your fingers, or the grass under your bare feet? Writing a poem or a short paragraph about your experience is a great way to hone in on those senses.

## Listening

Stay still for a moment. What can you *hear* around you – bees buzzing among the flowers, the wind rustling the leaves of the tree? Take a voice recording of the sounds or a video of the tree to bring the experience home with you.





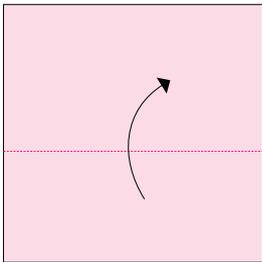
National  
Trust

# Origami flower

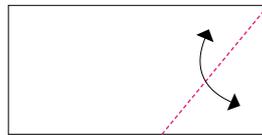


Did you know we care for nearly 200 blossoming orchards that help support a variety of wildlife? You can create your very own blossom flower at home with a single piece of paper.

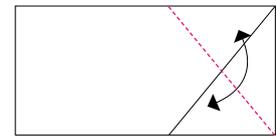
- 1 Fold a piece of square paper in half



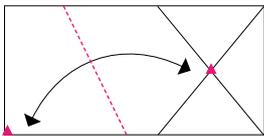
- 2 Fold the bottom right corner to make a crease, then unfold



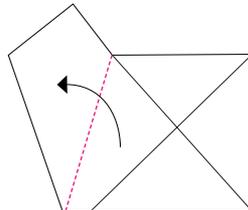
- 3 Fold the top right corner to make an X shaped crease, and unfold



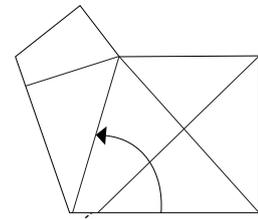
- 4 Fold the bottom left corner into the centre of the 



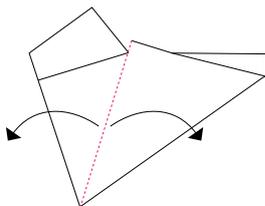
- 5 Take the right-hand corner of this fold and tightly fold it over towards the left of the paper



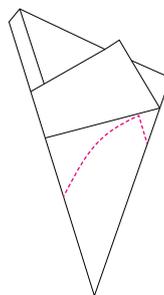
- 6 Fold the bottom right corner of the X so that the side of the paper meets the fold you made in step 5



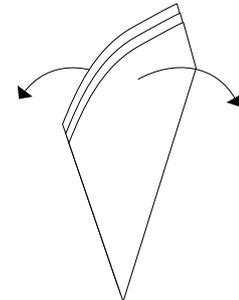
- 7 Where the fold in step 6 meets the one in step 5, there should be a crease separating them. Fold along this line away from you



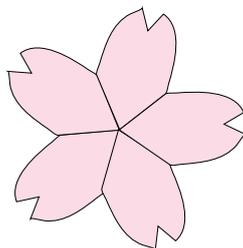
- 8 Cut or rip the bottom half of the origami in a downwards curved line



- 9 Unfold the piece you get from the bottom half



- 10 Finished! Time to decorate it how you like



Share your blossom creations on social media using [#BlossomWatch](#)